Wait Time Alliance

Leading Practices

Name of Sponsoring WTA Member Society:

Canadian Orthopaedic Association

Name of Project/Program/Initiative:

National Core Model of Care for Hip and Knee Replacement Surgery

Description of Program:

Bone and Joint Canada has created a toolkit for care delivery stakeholders that provides them with successful strategies and productivity tools that have led to increased care capacity. Developed with multidisciplinary input from every province, the toolkit serves as a roadmap to achieve such efficiencies as:

- seamless referral that places minimal burden on the referring practitioner yet supports comprehensive patient information for the receiving specialists;
- formalized screening assessment that improves efficiency in determining patient suitability for surgical and non-surgical treatment.;
- improved operating processes to increase capacity and meet heightened standards for patient safety;
- formalized post-operative processes including fast-track protocols for patients meeting specified criteria to reduce length of hospital stays.

Evidence to Support Effectiveness of Program:

A major accomplishment of the past decade has been the achievement of consensus regarding the National Core Model of Care for Hip and Knee Replacement Surgery and the development of a Toolkit to guide implementation across the country. The development has taken place over four phases, from engagement in Phase I to implementation in Phase IV. (A pdf file of the literature search is attached to our e-mail)

Phase I: Engaging the National Knowledge Translation Network

In the first phase of the project (2006-07), leaders from across the country were engaged to shape the change. Orthopaedic surgeons were the first to be recruited; then they invited hospital administrators, relevant not-for-profit and patient organizations, as well as regional health authorities, who engaged provincial governments. The Network determined that their goal was to develop a sustainable system of accountable, patient-centred health care delivery that would efficiently provide the best quality and timely bone and joint care and prevention to all Canadians. This phase set the stage for the work that followed, which ultimately lead to the development of the Toolkit.

Phase II: Consensus on the National Core Model of Care

This phase (2008-2009) saw the establishment of a framework/model of best practices to capture and communicate innovative ideas, methodologies and processes while being flexible enough to allow it to be applied in individual jurisdictions. To ensure sustainability, the model was built on the three pillars of access, quality and cost. In April of 2008, consensus was reached on a National Core Model of Care for Hip & Knee Replacement Surgery that would address pre-operative, surgical, and post-operative processes and considerations, while ensuring continuous evaluation.

Phase III: Developing the Toolkit

Phase III saw the development of the Toolkit to guide implementation of the Model across the country. More than 400 stakeholders from across the country were engaged in the process of amalgamating best practices, which were then synthesized into a Toolkit and website (http://www.boneandjointcanada.com) where specific tools could be shared with clinicians across the country. The Toolkit, which is based on the best available evidence, outlines the model of care and provides practical tips on application of the model.

Phase IV: Implementing the Toolkit

A national communication strategy is underway to ensure that surgical sites across the country are familiar with the Model and the Toolkit. Select sites will be supported in rolling out their implementation strategies. Using forecast modeling, we will study the health human resource implications of variations on the model. And we will work to ensure consistent data collection that will enable more effective resource planning and outcome comparisons across the country. So far, the model has been presented to clinical teams in Newfoundland, Nova Scotia, Quebec, Manitoba and Alberta.